

St. Louis College Ministry

Keeping you Connected to the Fam



A Note from Katie...

Hey everyone! We are almostttt half way through Lent at this point- crazy, right? Perhaps Lent has been an intentional season for you... and perhaps it has not. No matter what kind of Lent you have had thus far, know that you can still have a "fruitful" Lent going forward. By that, I mean that you can still make this a purposeful time to grow in your relationship with God. I am praying for you!



April 12, 7-8pm

5-6pm Dinner at Mad City Coffee
in Columbia



April 23, 10:30am-12:30pm

10:30am Mass at the Basilica, followed
by lunch at Busboys & Poets

The year is winding down.

I'm not trying to panic you, but listen: the semester is really, kinda almost over, as insane as that sounds. For many of you, you've just come back from break (or are just about to leave for break) and after that, the semester will fly by.

So, **1) Begin thinking of finals now.** Unless you just like sleep deprivation and drama, avoid the all-nighters and start reviewing your class notes while there's no time crunch.

2) Make your end of the semester bucket list and get cracking! The weather is turning warmer and is calling for an adventure! Do something that you keep thinking about but haven't actually gotten around to doing.

3) Seniors— bring it the Big Guy. Lots of pressure. Lots of endings. Lots of beginnings. Lots of feels. Bring it to Jesus in prayer. Let Him be a part of this transition. Also, bring it to Katie... because she likes to know what is going on in your life and would love to pray for you! :)



Why are Sundays such a big deal?

What is your “Sunday experience?” What were Sundays like in your home growing up? What are Sundays like now that you’re in college?

When I was younger, my siblings and I would be dragged out of bed, rushed through the shower, and shoved into the van every Sunday morning so that we could make it to church by 9:37am for the 9:30am Mass where the family has occupied the same pew— more or less— since before I was born.

Mass was a tradition for me. I enjoyed and protested against it to varying degrees throughout my upbringing, found it embittering at times, enlightening at others. I used to ask myself, “Why are Sundays such a big deal?”

You may already relate Sundays to “Keep Holy the Sabbath” and you might recall that Sabbath has something to do with God resting on the seventh day of creation. But the seventh day is *Saturday*, the day Jewish people keep as Sabbath. So why do Christians honor *Sunday*?

Sunday is the day on which Jesus rose.

Christians have kept that notion that one day a week is particularly holy but have chosen to honor Sunday, for it is the day on which Jesus rose from the dead. As Saturday was the LAST day of creation, Sunday is the FIRST. Through his death and resurrection, Jesus has made us, His people, a *new creation* (Rev 21:5).

A New Identity

The term and identity of “Christian” didn’t always exist. For a while after Jesus’ death, His followers were considered members of “The Way” (Acts 9:2) - a persecuted sect of Judaism who believed the Messiah had already come.

Members of “The Way” would celebrate Sabbath on Saturday, as was their Jewish custom, in addition to Sunday, the day on which their Savior rose. Eventually, perhaps because of persecution, Christians ceased to celebrate the traditional Sabbath and adopted Sunday as their holy day.



Sunday Cheaters

The great Lenten debate: can we or can we *not* eat chocolate on Sunday without being a cheater? Are we allowed a day off from our Lenten fast on Sunday?

Well, the 40 days of Lent does not include the Sundays in the Lenten season. I’m for real. Count them.

Why not? Again, because Sunday is the day that Jesus rose from the dead. And, even though we haven’t yet celebrated Easter in the liturgical year, EVERY SUNDAY is a mini-Easter! It’s not like we’re going back in time during Lent and pretending we don’t know what happened yet. Every Sunday we are *celebrating* the meaning of Easter, which is that *Jesus died and conquered death for the forgiveness of our sins*.

So, eat your chocolate and don’t let anyone give you grief about it! He is (always) risen!

*Missing out on
TBS Small Groups?*

No worries!

You can see what we've been up to
at
[stlouisparish.org/
takingbacksundays](http://stlouisparish.org/takingbacksundays)

- No Homework on Sundays**
- 3 Small Groups via Google Hang Out**
- 9 Participants from 8 Schools**
- 3 Weeks Down**
- 3 Weeks to Go**
- Videos Online**



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kerskine@stlouisparish.org